



Tony Rago's Pre-Market Playbook

★ Overnight Range

- ES 54.25
- NQ 229.25
- VIX 25.44

★ **Bulls** need to hold above yest closes **6797 and 25010-- long above these**

★ Breakouts are above yesterday's highs **6852 and 25217- aggressive longs** (await for confirmation with a new high and a retest of the highs from above that holds)

★ **Bears** need under overnight lows **short under 6768 and 24895**

★ Breakdown is below yest lows **6762 and 24830 -- aggressive shorts** (wait for

★ confirmation with a new low and a retest of the lows from below that hold)

★ **RANGEBOUND: 2 Way trade long and shorts will work** to get the day done

★ Keep it simple and be patient for confirmation on either side or establish the range if

★ we are going to be rangebound

★ Confirm rally continuation with sustained trade over the 30min IB High and likewise

★ bearish under the IB Low

ECON:

- 8:30 am CPI
- 8:30 am Federal Reserve Vice Chair for Supervision Michelle Bowman
- 2:00 pm Monthly U.S. federal budget

Pre-Market Trading Levels for today

GLOBEX

NQ

★ **HIGH:** 25125.00

★ **LOW:** 24895.75

★ **Bull Case** defend the 24750 to seek the 24812, 24833, 24912, 25000, 25106, 25250, 25312, 25333, 25412, 25500

★ **Bear Case** seal the 25250 to seek the 25106, 25000, 24912, 24833, 24812, 24750, 24633, 24612, 24500, 24412, 24333, 24312, 24250, 24106, 24000, 23912

★ **Overnight Range - 229.25**

NQ (Prev. Day)

★ High 25217.50

★ Low 24830.00

★ Close 25010.50

NQ (Week Open) 24435.25

S&P 500

★ **HIGH** - 6833.50

★ **LOW** - 6762.50

★ **Bull Case:** defend the 6733 to seek the 6742, 6750, 6762, 6777, 6788, 6800, 6812, 6817, 6826, 6833, 6850

★ **Bear Case:** seal the 6833 to seek the 6826, 6817, 6812, 6800, 6788, 6777, 6762, 6750, 6733, 6726, 6717, 6700

★ **Overnight Range** - 71.00

ES (Prev Day)

★ High 6818.50

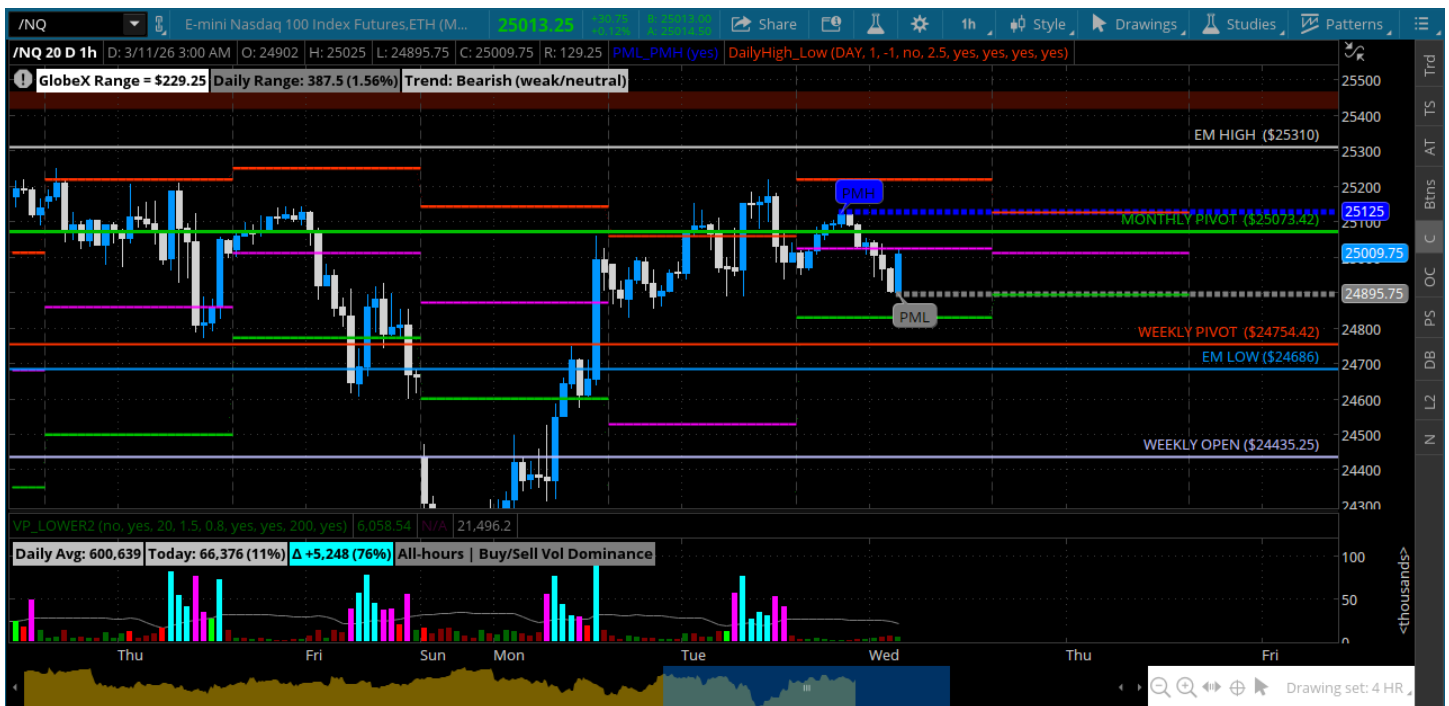
★ Low 6584.50

★ Close 6793.75

ES (Week Open) 6685.50

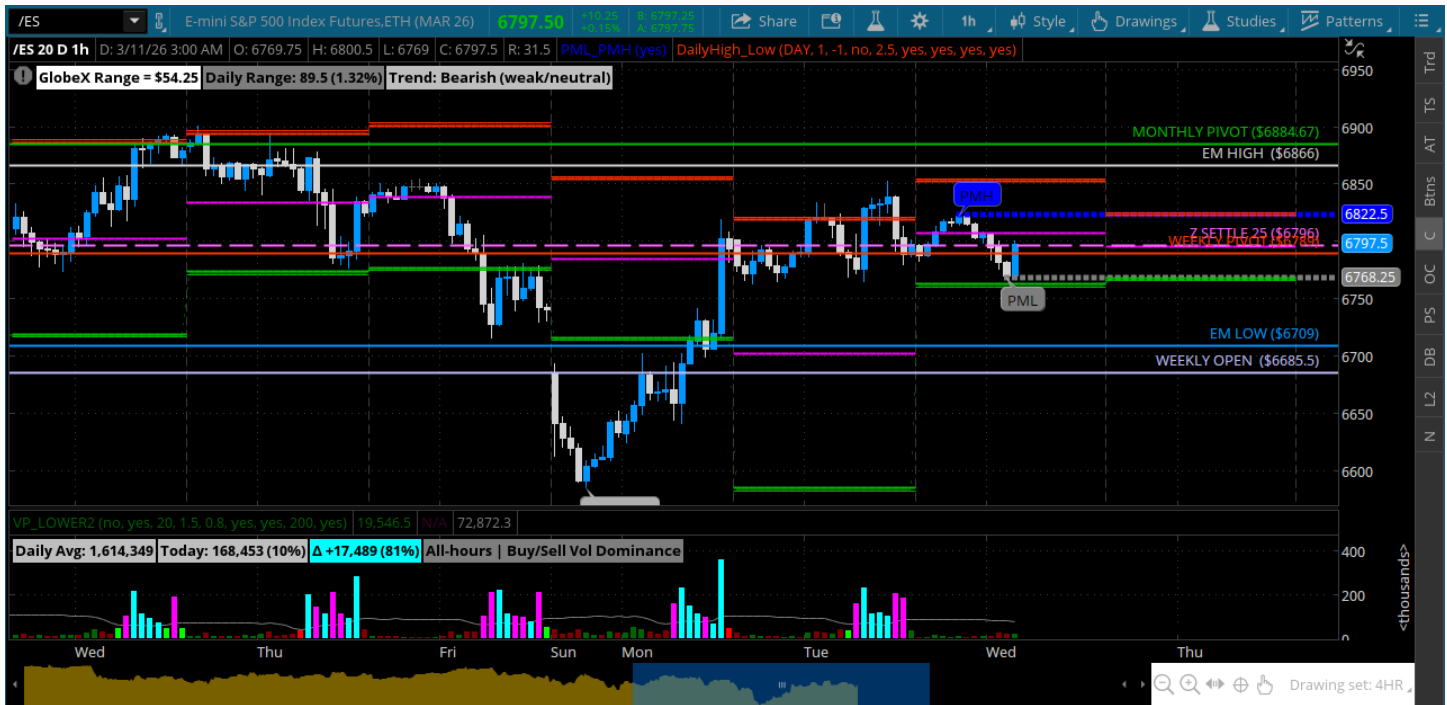
Pre-Market Charts to Watch

Wednesday, March 11, 2026 Pre-Market /NQ 1 Hour Chart



- Back inside this big sideways zone again between 24750 and 25000
- Will be focused on how we deal with the 25000 today
- Bears can defend and push us back to the 24833 and 24750
- Bulls want to get and stay above the 25000 and seek the 25250

Wednesday, March 11, 2026 Pre-Market /ES 1 Hour Chart



- Right back into the sideways zone between 6850 and 6750
- Will be focused on how we deal with the 8000 - that is the bull/bear for today
- Above should seek the 6850 and below can reach back to the 6762, 6750

Disclaimer:

Disclaimer: Neither TheoTrade or any of its officers, directors, employees, other personnel, representatives, agents or independent contractors is, in such capacities, a licensed financial adviser, registered investment adviser, registered broker-dealer or FINRA|SIPC|NFA-member firm. TheoTrade does not provide investment or financial advice or make investment recommendations. TheoTrade is not in the business of transacting trades, nor does TheoTrade agree to direct your brokerage accounts or give trading advice tailored to your particular situation. Nothing contained in our content constitutes a solicitation, recommendation, promotion, or endorsement of any particular security, other investment product, transaction or investment. Trading Futures, Options on Futures, and retail off-exchange foreign currency transactions involves substantial risk of loss and is not suitable for all investors. You should carefully consider whether trading is suitable for you in light of your circumstances, knowledge, and financial resources. You may lose all or more of your initial investment. Opinions, market data, and recommendations are subject to change at any time. Past Performance is not necessarily indicative of future results.