



## *Tony Rago's Pre-Market Playbook*

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- ★ ES WEEKLY PIVOT 6511.67
- ★ NQ WEEKLY PIVOT 23749.92
- ★ Overnight Range
  - ES 121.50
  - NQ 481.00
  - VIX 30.00 **HIGH VOL**
- ★ **Bulls** need to hold above yest closes **6398** and **23354**-- **long** above these
- ★ Breakouts are above yesterday's highs **6568** and **23976**- **aggressive longs** (await for confirmation with a new high and a retest of the highs from above that holds)
- ★ **Bears** need under overnight lows **short under 6360** and **23093**
- ★ Breakdown is below yest lows **6389** and **23232** -- **aggressive shorts** (wait for confirmation with a new low and a retest of the lows from below that hold)
- ★ **RANGEBOUND: 2 Way trade long and shorts will work** to get the day done
- ★ Keep it simple and be patient for confirmation on either side or establish the range if we are going to be rangebound
- ★ Confirm rally continuation with sustained trade over the 30min IB High and likewise
- ★ bearish under the IB Low

### **ECON:**

- 10:30 am Federal Reserve Chair Jerome Powell speaks

## *Pre-Market Trading Levels for today*

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### GLOBEX

#### NQ

★ **HIGH:** 23574.00

★ **LOW:** 23093.00

★ **Bull Case** defend the 23333 to seek the 23412, 23500, 23612, 23633, 23750, 23812, 23833, 23912, 24000, 24106, 24250, 24312, 24333, 24412, 24500

★ **Bear Case** seal the 23833 to seek the 23812, 23750, 23633, 23612, 23500, 23412, 23333, 23312, 23250, 23106, 23000

★ **Overnight Range - 481.00**

#### NQ (Prev. Day)

★ High 23976.00

★ Low 23232.50

★ Close 23254.25

**NQ (Week Open) 23189.50**

## S&P 500

★ **HIGH** - 6481.75

★ **LOW** - 6360.25

★ **Bull Case:** defend the 6400 to seek the 6412, 6417, 6426, 6433, 6442, 6450, 6462, 6477, 6488, 6500, 6512, 6517, 6526, 6533, 6550, 6562, 6577. 6588, 6600

★ **Bear Case:** seal the 6550 to seek the 6542, 6533, 6526, 6517, 6512, 6400, 6488, 6477, 6462, 6450, 6433, 6426, 6417

★ **Overnight Range** - 121.50

### ES (Prev Day)

★ High 6568.50

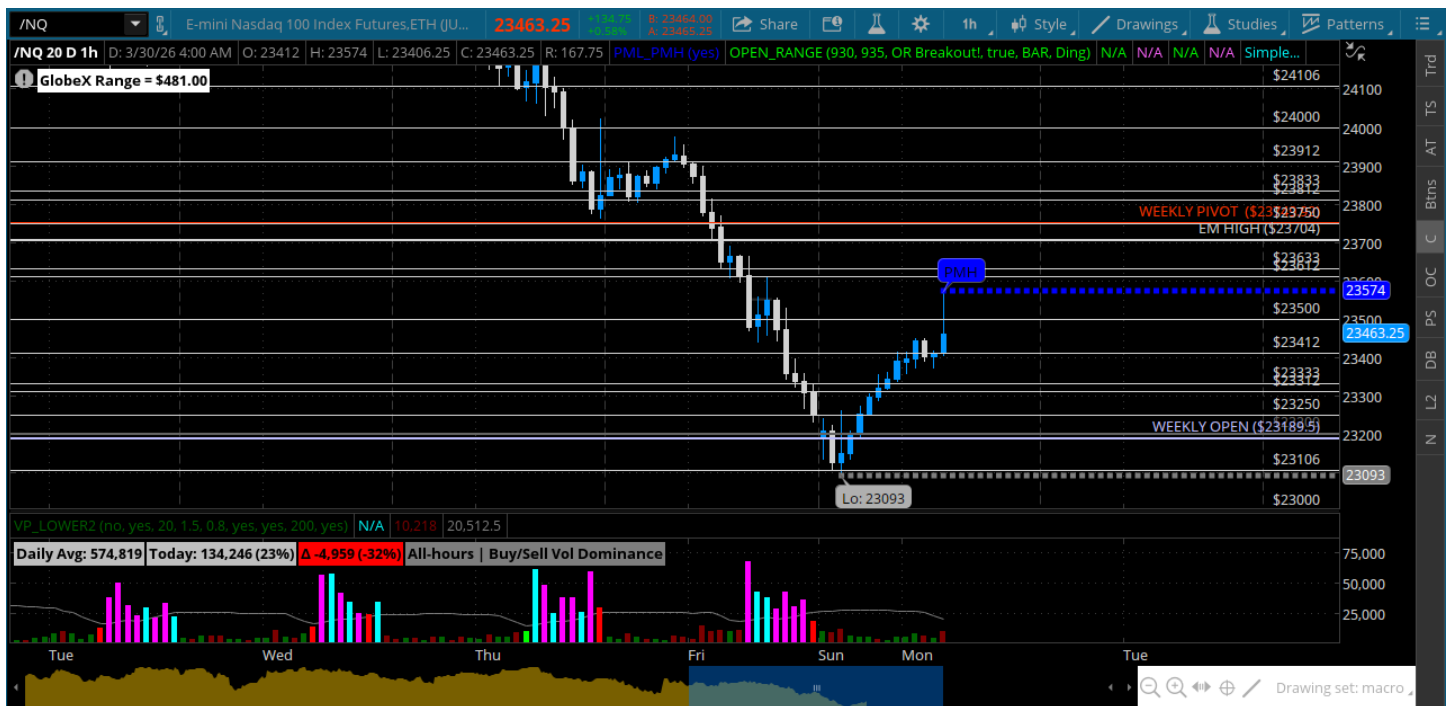
★ Low 6389.00

★ Close 6398.00

**ES (Week Open) 6380.00**

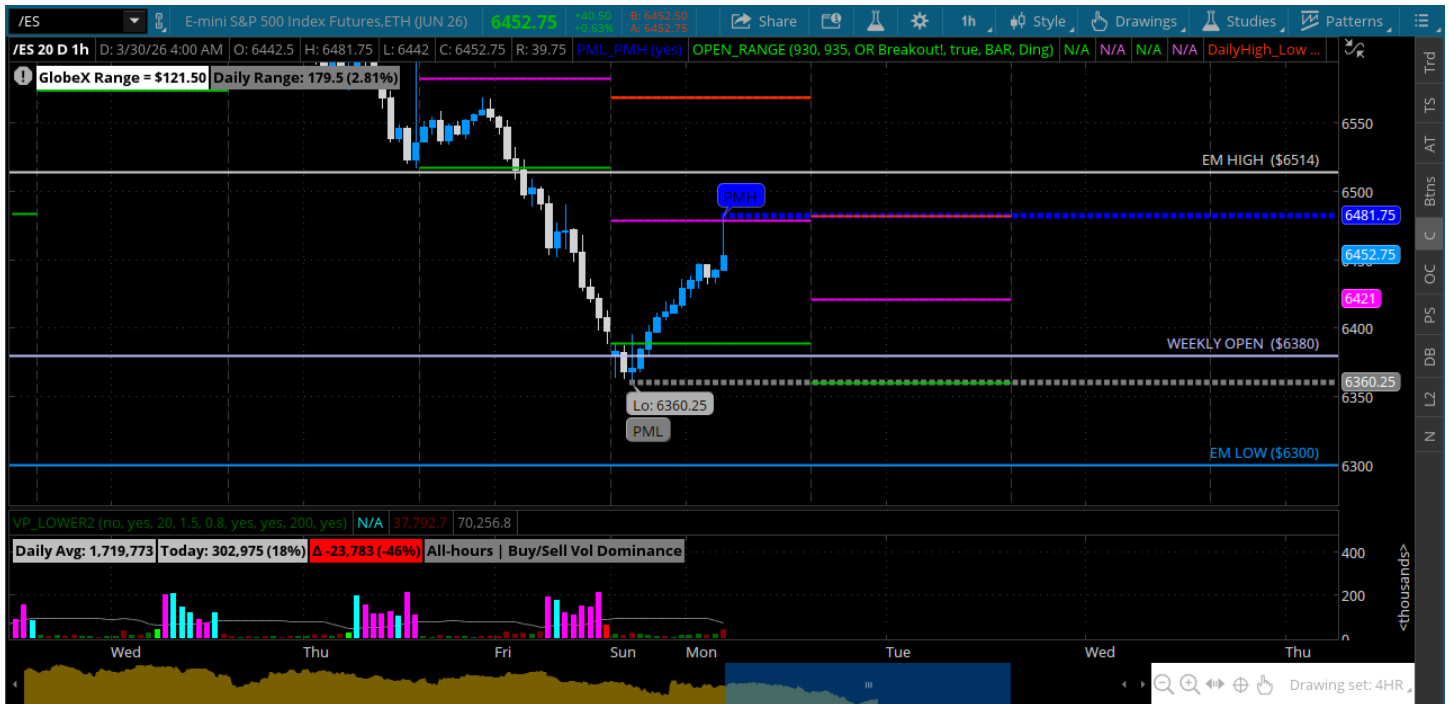
## Pre-Market Charts to Watch

### Monday, March 30, 2026 Pre-Market /NQ 1 Hour Chart



- Early headlines driving us higher off the lows
- VIX over 30
- Expecting big vol today and potential relief rally that can be violent
- With Crude over 100 and VIX elevated Im not looking for the bottom but wont fight a rally if price pushes higher
- Let it show its hand on a reversal

## Monday, March 30, 2026 Pre-Market /ES 1 Hour Chart



- Price is trying to lift here - headline driven
- Watching for a potential rally today – two days left in the 1st qtr
- Still a sell rallies tape but wont fight if it is has participation
- Think it ultimately gets sold - not picking the top will let price tell us
- If bulls cannot sustain trade above the 6433 will look for a retest of weekly open 6380

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