



Tony Rago's Pre-Market Playbook

★ Overnight Range

- ES 60.25
- NQ 266.00
- VIX 23.07

- ★ **Bulls** need to hold above yest closes **6774 and 25027-- long above these**
- ★ Breakouts are above yesterday's highs **6808 and 25117- aggressive longs** (await for confirmation with a new high and a retest of the highs from above that holds)
- ★ **Bears** need under overnight lows **short under 6764 and 24990**
- ★ Breakdown is below yest lows **6715 and 24728 -- aggressive shorts** (wait for confirmation with a new low and a retest of the lows from below that hold)
- ★ **RANGEBOUND: 2 Way trade long and shorts will work** to get the day done
- ★ Keep it simple and be patient for confirmation on either side or establish the range if we are going to be rangebound
- ★ Confirm rally continuation with sustained trade over the 30min IB High and likewise
- ★ bearish under the IB Low

ECON:

- 8:30 am Core PPI
- 2:00 pm FOMC interest-rate decision
- 2:30 pm Fed Chair Powell press conference

Pre-Market Trading Levels for today

GLOBEX

NQ

★ **HIGH:** 25210.50

★ **LOW:** 24944.50

★ **Bull Case** defend the 24833 to seek the 24912, 25000, 25106, 25250, 25312, 25333, 25412, 25500

★ **Bear Case** seal the 25312 to seek the 25250, 25106, 25000, 24912, 24833, 24812, 24750, 24633, 24612, 24500, 24412, 24333, 24312, 24250, 24106, 24000, 23912

★ **Overnight Range - 266.00**

NQ (Prev. Day)

★ High 25117.00

★ Low 24728.25

★ Close 25027.50

NQ (Week Open) 24500.00

S&P 500

★ **HIGH** - 6814.00

★ **LOW** - 6753.75

★ **Bull Case:** defend the 6762 to seek the 6777, 6788, 6800, 6812, 6817, 6826, 6833, 6850, 6862, 6877

★ **Bear Case:** seal the 6833 to seek the 6826, 6817, 6812, 6800, 6788, 6777, 6762, 6750, 6742, 6733, 6726, 6717, 6712, 6700, 6688, 6677, 6662

★ **Overnight Range** - 60.25

ES (Prev Day)

★ High 6808.50

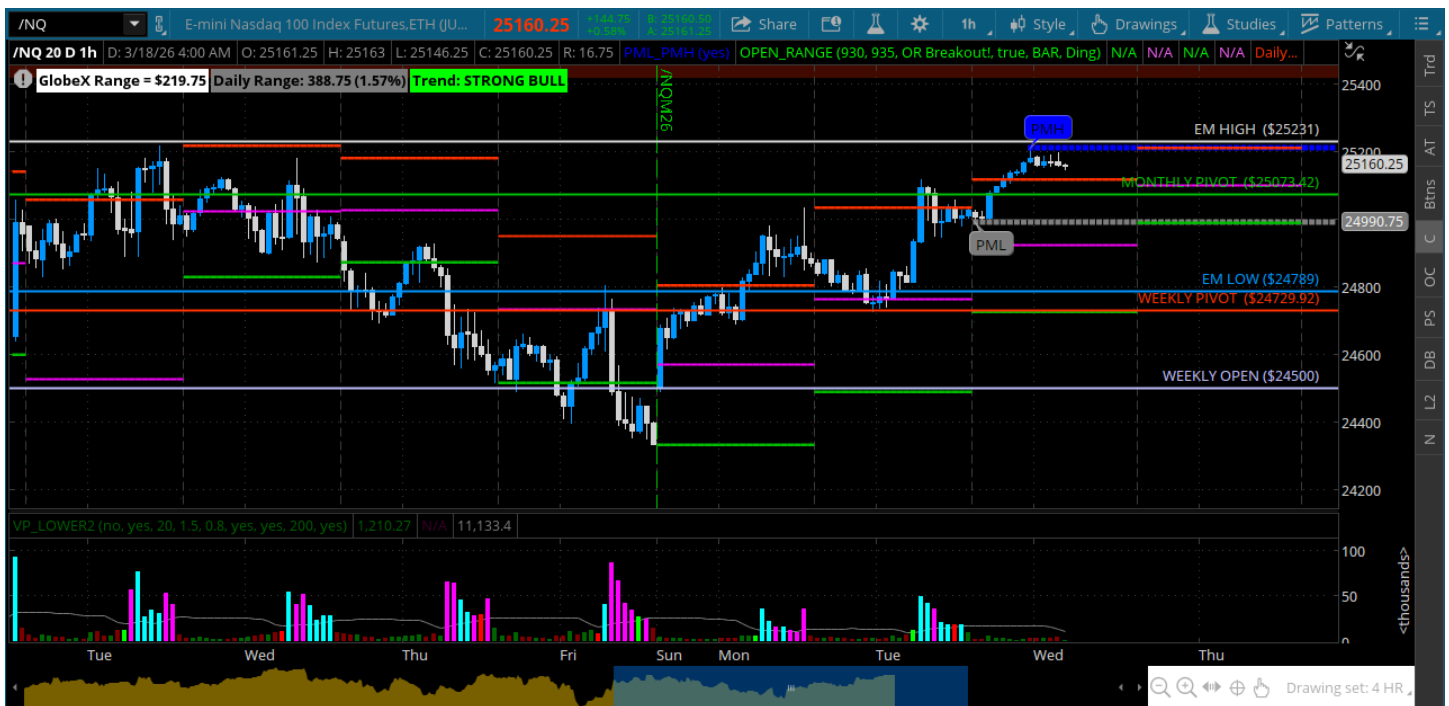
★ Low 6715.75

★ Close 6774.25

ES (Week Open) 6659.75

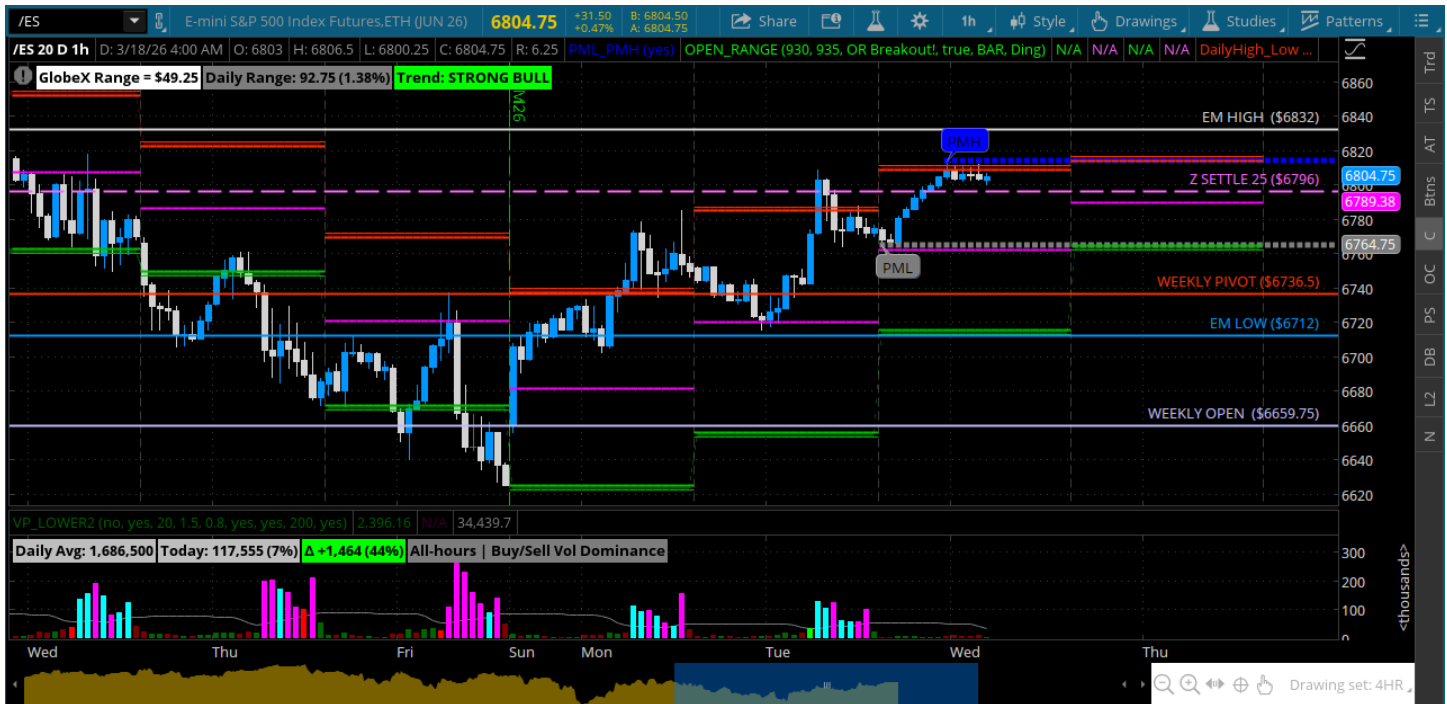
Pre-Market Charts to Watch

Wednesday, March 18, 2026 Pre-Market /NQ 1 Hour Chart



- Bulls continue to grind us higher into FOMC
- All about the 25k now – they need to hold that on a backtests with line in the sand of 24912
- We have failed up here last few times so lets see if the bears knock this back down
- Today is a FED day so more about the reaction today and the fallout to get a true read

Wednesday, March 18, 2026 Pre-Market /ES 1 Hour Chart



- Bulls are trying to stay above the 6800 and 6796 settle
- There is some resistance up here so they need a big push to get thru the 6826/33
- Today is FOMC so maybe they get it with Powells press conference
- All about the 6800 now – lets see how we deal with it at the open

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